



COVID 19 - SAFE SEX

COVID-19 Prevention and safety measures for sex work

To avoid contamination with COVID-19, we recommend that you observe the following protective measures. Checks can be carried out:

- In case of symptoms*, do not work, stay at home and get tested.
- Avoid paid sex with a client with symptoms* and vice versa, avoid paid sex with a sex worker who has symptoms*.
- Wash your hands before and after each performance with soap and water or hydroalcoholic gel.
- Take a shower before and after if possible.
- Use condoms for all sexual practices.
- Ventilate the room, change sheets and towels.
- Clean accessories between each client.
- **Regularly disinfect** surfaces (door handles, doorbells, tables, etc.) and remove unnecessary objects that customers may touch (magazines, etc.).
- Have a **rubbish bin** available, if possible closed, to dispose of used masks, tissues, condoms etc. and empty it at least once a day.
- Apart from the services, maintain a distance of 1.5 meter between each person or wear a
 mask if this is not possible.
- Do not accept trios or +.
- o In order to be notified in case of infection, keep a list with the date, time and **telephone numbers of the clients** and give them **your professional number.**
- In case of symptoms*, contact a doctor, or Aspasie by phone OR make an appointment at a sampling centre *

* Symptoms:

The main symptoms are:

- Sore throat, dry cough, shortness of breath, chest pain
- Fever
- Sudden loss of smell and/or taste

Other possible symptoms:

- Headaches
- General weakness, feeling of discomfort
- Muscle pain
- Cold
- Nausea, vomiting, diarrhea, stomach ache
- Rashes

** Sampling centres:

LAUSANNE

- Unisanté Bugnon Rue du Bugnon 44
- without consultation and without appointement
- o 7/7j 8h-17h
- o Friday 9h-17h
- Unisanté Flon Voie-du-Chariot 4
- 7/7; Monday- Theusday Wednesday- Thursday and Saturday 8h-17h; Friday and Sunday 9h-17h
- withe appointement https://rendezvous.unisante.ch/prendre-rendez-vous/2425

YVERDON-LES-BAINS

- o eHnv Drive-in, Rue de l'Hopital
- Test 7/7j; only by appointement <u>www.ehnv.ch/covid-19</u>
- eHnv Urgences: 7/7j in the night Rue d'Entremonts 11, Yverdon-les-Bains
- o Appeler: +41 24 424 52 09

PAYERNE

- HIB Site de Payerne, Av de la Colline 3
- Test 7/7j only by appointement
- o Appeler: +41 26 662 86 31
- www.hopital-broye.ch
- o to make an appointement : https://www.hopital-broye.ch/jcms/hib_9991/covid-19

VEVEY

- o HRC Site de Vevey (Providence), Av. de la Prairie 3
- o 7/7J only by appointement
- o Téléphoner (8h30-17h) +41 58 773 21 12
- o to make an appointement https://www.hopitalrivierachablais.ch

NYON

- o GHOL Hôpital Nyon, Ch. Monastier 10
- o only by appointement: form Monday to Saturday 8h-17h
- o to make an appointement www.ghol.ch onglet INFO Coronavirus
- o not call

MORGES

- o EHC -Centre de test des Pâquis, Av. Henri-Dunand 20
- o 7/7j only by appointement www.ehc-vd.ch/covid

IF YOU HAVE ANY QUESTIONS, OR IF YOU NEED HELP, DO NOT HESITATE

TO CALL FLEUR DE PAVE 022 732 68 28

Monday 9am-12h30 pm

From Tuesday to Friday 2pm-5pm

info@fleurdepave.ch